

MEDIA RELEASE

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High tea fundraiser to help those with ovarian cancer

- **Local pharmacy to hold high tea to raise funds for ovarian cancer**
- **February is Ovarian Cancer Awareness Month**
- **Every day 4 Australian women are diagnosed and three women will die from ovarian cancer**

Clyde residents are invited to enjoy some sweet treats and help raise funds for ovarian cancer at the fourth annual TerryWhite Chemmart Clyde High Tea on Wednesday, February 20, 2019.

Members of the community can enjoy a high tea with cakes and scones donated by local cafes and pharmacy staff and some fun raffles at the fundraising event.

Guests will also be able to listen to speeches by ovarian cancer survivor and local resident Sally-Ann Dale and Katya Gray, whose mother passed away from ovarian cancer.

All proceeds from the event will go to Ovarian Cancer Australia.

TerryWhite Chemmart Clyde pharmacist Carolyn Wynen said everyone in the community was invited to the event.

“Ovarian cancer impacts everyone,” she said. “Most people know someone who has been affected, whether it’s a mother, wife, daughter or friend. As it’s not readily detected, ovarian cancer can definitely sneak under the radar and it’s important that everyone is aware of the symptoms.”

Ovarian cancer survivor and Clyde resident Sally-Ann Dale, who will be speaking at the event, said she was diagnosed with ovarian cancer in 2011 after she noticed some unusual stomach bloating.

“I was working, I felt fine, I didn’t feel sick or anything, but I didn’t like the look of my stomach,” she said.

“I went to the doctor and had an ultrasound. Ten minutes after the ultrasound the doctor wanted to see me – I was diagnosed with Stage 3 ovarian cancer.

“I was very lucky I went to the doctor. The main sign of ovarian cancer is bloating, so if you feel bloated, get it checked because it might save your life. If I hadn’t done it, I wouldn’t be here now.”

The high tea will be held from 10.30am-12.30pm on Wednesday, February 20 outside TerryWhite Chemmart Clyde at Shopping on Clyde, 280 Berwick-Cranbourne Road, Cranbourne East.

Tickets are \$10 and include high tea, tea and coffee and a teal ribbon. With attendance capped at 100 guests, bookings are essential. Call 03 5998 0400.

February is Ovarian Cancer Awareness Month, which recognises women, their family and their friends who have been affected by ovarian cancer.

Every day, four Australian women are diagnosed and three women will die from ovarian cancer. The most common reported symptoms are increased abdominal size or persistent abdominal bloating, abdominal or pelvic (lower tummy) pain, feeling full after eating a small amount, needing to urinate often or urgently.

For more information visit ovariancancer.net.au

ENDS

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